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QUESTIONS TO CONSIDER

by Joe McMoneagle

Joe McMoneagle is a professional remote viewer providing consulting services for various research and development projects. He is also a consultant to The Monroe Institute in a variety of capacities, and regularly offers provocative answers to questions raised by program participants.

"I'll be using the Monroe tapes and suddenly my whole body has gone numb. As soon as I've realized that it has, I notice small electrical charges coming in waves and washing over my entire body. They seem to center somewhere in my head, then I begin to sway side-to-side and then I find myself slipping out of my body. It's such an unbelievable sensation, it wakes me up."

Sound familiar? For a lot of you out there, it should. Letters come into the Institute office from all over the world, telling us about these apparently bizarre energy sensations. Sometimes different words are used to describe them, but it's essentially the same experience. Most of the people writing want to know if these feelings are normal. Or more to the point, is everything OK?

There are two immediate ways of knowing that everything's OK. One: the vibrations usually stop when you open your eyes and get up. And two: there is no pain associated with the experience. I have to believe it's normal simply because there are so many of us experiencing it. What it might be... well, that's harder to answer.

Itzhak Bentov, author of *Stalking the Wild Pendulum*, had a theory about these vibrations, which he developed while observing transcendental meditation. He believed that intense and extended meditation would eventually create acoustical standing waves in the cerebral ventricles. These ventricles are fluid-filled openings deep within the brain.

There are two lateral ventricles and one which is called the third ventricle. Since they are fluid-filled, one can easily hypothesize that such acoustical standing waves would be possible. Bentov further believed that once such a wave was generated, it was then conducted to the gray matter in the cerebral cortex. This, in turn, would stimulate and eventually polarize the cortex in such a way that it would conduct a signal along the homunculus.

Now someone out there is saying, "The homun... what?" The homunculus is a complete human body map, superimposed onto the cortex. Beginning in the center of the brain, near the ventricles, this map fans out, right and left, and across the cortical regions. Different parts of

the body fall into line, one behind the other: genitals, toes, leg, knee, hip, trunk, shoulders, neck, head, arm, elbow, forearm, wrist, hand, fingers, thumb, and so on. It is the circulation of a current along this sensory cortex map that Bentov calls self-stimulation of the pleasure centers of the brain. He also noted that the cumulative effect of these vibrations may be able to trigger a spontaneous physio-kundalini sequence in susceptible people who have a particularly sensitive nervous system.

This all sounds pretty impressive, but this is the point at which we must be careful not to jump to conclusions. Electrical stimulation of the cortex, or perceived vibrations, only indicates that you might be a little more sensitive than the next person to what's going on biomedically—at least, up to this point. This is where Hemi-Sync® kicks in.

The effects of Hemi-Sync on Bentov's model are profound. The brainwave frequencies and amplitudes are amplified while, at the same time, the nervous system, cardiovascular, circulatory, skeletal, and other organ systems are brought into a complete state of tranquillity. This entire energy system of the body becomes entrained, and then begins to oscillate in congruence. Since all solid matter has atomic structure, and is itself composed of oscillating energy grids... well, it doesn't take much of an imagination to figure out where we might go with that kind of focus.

According to the theories of Karl Pribram, a neuroscientist at Stanford University, and David Bohm, a physicist at the University of London, the human mind operates as a hologram which tunes itself to the universal hologram (energy matrix) by and through an energy exchange. Through this interaction there is meaning and consciousness. Hemi-Sync refines this focus of the mind, altering and expanding it just enough to bring in information not usually available through normal sensory input. We call these transcendental experiences.

So, the next time you sensitive types out there begin to feel the vibrations building in your cerebral cortex, and they are accompanied by electrical stimulation running up and down your body—look for the universal matrix, and fall in!

The rest of us not-so-sensitive types? Well... . we'll just keep taking the short cut.

Please note. The dictionary defines “consider” as “to ponder,” and “to weigh in the mind.” In “Questions to Consider,” Joe may not always give the kinds of responses one expects. but you can count on him to consider your issue in his inimitably provocative fashion.